Session Outline

- New Legislation Related to NCAA Bylaw 17.
- Interpretations Related to Bylaw 17.
- Football Summer Athletics Activities.
- Team Building Activities.
- Foreign Tours.

Newly Adopted Legislation and Recent Interpretations
New Legislation Adopted
Effective August 1, 2014

NCAA Proposal No. 2013-21
EMERGING SPORTS FOR WOMEN—TRIATHLON
The legislation will be outlined in Bylaw 17.24.
- Emerging sport.
- Once approved—fall championship.
- Six institutional and individual dates of competition.
- Triathlon and cross country are considered the same sport, triathlon and track and field are considered the same sport, and triathlon and swimming are considered the same sport for purposes of Bylaw 12.

New Legislation Adopted
Effective August 1, 2014

Proposal No. 2013-22
PLAYING AND PRACTICE SEASONS—WOMEN’S RUGBY
- Changes maximum limits from 10 contests to 15 dates of competition with the option of 15v15 or 7v7 contests.
- An institution may count up to two contests per year against collegiate club teams toward meeting minimum-contest requirements for Bylaw 20 purposes.

New Legislation Adopted
Effective August 1, 2014

Proposal No. 2013-19 FBS and FCS FOOTBALL—PRESEASON PRACTICE—AFTER FIVE-DAY ACCLIMATIZATION PERIOD—THREE HOURS OF RECOVERY TIME BETWEEN ANY SESSIONS
- In football, must have at least three continuous hours of recovery time between any sessions (e.g., practices, walk-throughs) occurring during the preseason practice period and after the five-day acclimatization period.
- Meetings and film review may occur during recovery time.
New Legislation Adopted
Effective August 1, 2014
Proposal No. 2013-19 FBS and FCS

<table>
<thead>
<tr>
<th>Three-Hour Recovery Period</th>
<th>Old Rule</th>
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<td>On days that institutions conduct multiple practice sessions after the five-day acclimatization period.</td>
<td>All days during the preseason after the five-day acclimatization period.</td>
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Try-Outs Enrolled Student-Athletes
Proposal No. ER-2013-14

Bylaw 17.02.12 Tryouts -- Enrolled Students.
- A tryout of an enrolled student may occur, provided the student is eligible for practice and the tryout only involves activities that are permissible at the time they occur (e.g., practice in season, skill-related instruction or conditioning outside the season). (Adopted: 8/21/13)

Bylaw 17 Interpretations

Observing Enrolled Students, Student-Athletes and Prospective Student-Athletes’ Athletically Related Activities Outside the Playing Season.
- A coaching staff member may not observe enrolled students or SAs in nonorganized athletically related activities outside the season, (e.g., “pick-up” basketball games).

April 26, 2013, Staff Interpretation
Bylaw 17 Interpretations

A coach may observe enrolled students or SAs in organized competition.
- Cannot direct or supervise the competition.
- Examples: summer league, intramurals.
- If PSAs are also participating, a coach may observe during a permissible contact or evaluation (recruiting) period.

April 26, 2013, Staff Interpretation cont.

Bylaw 17 Interpretations

Use of Male Students During Women's Basketball Summer Athletic Activities:
- Male students may participate in women's basketball summer athletic activities.
- Must be enrolled in summer school or meet the academic requirements except applies.
- Cannot receive any financial assistance from athletics.

April 26, 2013, Staff Interpretation

Bylaw 17 Interpretations

Permissible Expenses Prior to the First Permissible Practice Date for Fall Sports:
- May provide preseason practice expenses to SAs participating in fall sports on the evening prior to the first permissible practice date.
- May conduct nonathletically related meetings prior to first permissible preseason practice date.
- No expenses until the evening before first practice date.

August 6, 2013, Staff Interpretation
Bylaw 17 Interpretations

- Can issue equipment and apparel at any point after an individual becomes an SA.
- FBS-academic orientation day.
  - On the day prior to acclimatization period.
  - May provide first-time SAs with lodging and evening meal the evening prior.

August 6, 2013, Staff Interpretation

Bylaw 17 Interpretations

Application of 30 Days of Countable Activities within 42 Days Prior to First Contest -- Basketball.

- Any countable athletically related activities within the 42-day period before the first regular-season contest shall count against the 30 days of countable athletically related activities permitted before the first regular-season contest.
- Men's basketball.

October 18, 2013, Official Interpretation

Bylaw 17 Interpretations

Calculation of Time Limits for Athletically Related Activities (I).

- Daily/weekly hour limitations and day off requirement do not apply to preseason scrimmages/exhibitions in field hockey or soccer or an alumni match in women's volleyball scheduled prior to the first day of classes or first scheduled contest or date of competition.

February 26, 2014, Staff Interpretation
Bylaw 17 Interpretations

Student-Athlete Counting in Outside Team Numerical Limits.
For sports other than basketball.
- SA officially withdrawn from one institution and accepted at a second institution does not count in the outside team limit for the first institution.

March 28, 2014, Staff Interpretation

Bylaw 17 Interpretations

Student-Athlete Counting in Outside Team Numerical Limits (I).
- SA will not count in the limitation at the second institution unless he or she is a SA at the second institution (e.g., enrolled and attended classes during a summer term).

March 28, 2014, Staff Interpretation cont.

March 28, 2014, Interpretation: Case Study

- Five soccer SAs from Fishers University will play on the Hoosier Gurlz summer travel team.
- A transferring teammate wants to play on the same team.
  - The transfer withdrew after the 2014 spring term.
  - She has been admitted to Carmel State University for the 2014 fall term.
March 28, 2014, Interpretation: Case Study
- Is it permissible for this SA to play with her former teammates?
  - Yes, since she has officially withdrawn.
- If five women's soccer SAs from Carmel State play for the Hoosier Gurlz, can this SA play on the team?
  - Yes, provided she has not triggered SA status (per Bylaw 13.02.12).

Summer Athletics Activities - Football
- SUMMER CONDITIONING.
  - Nine week summer conditioning period between commencement and the start of preseason.
  - Eight weeks of summer conditioning.
  - One week of SA discretionary time.
  - All weeks before and after nine-week period are discretionary weeks.

Bylaw 17.9.6
Football Summer Athletics Activities

- **SUMMER ACCESS.**
  - SAs must be enrolled in summer school.
  - Eight weeks of required athletic activities.
    - Do not have to be consecutive weeks.
    - Eight hours per week.
  - Coaches may be present during the eight hours of required summer athletics activities.

Bylaw 17.1.6.2.1.5.2
May 15, 2014 Staff Interpretation
February 13, 2014, Educational Column

Football Summer Athletics Activities

- **SUMMER ACCESS.**
  - SAs may participate in both required and voluntary activities within the same week.
  - If SA is participating in a voluntary workout at the same time, a coach may not be present.
  - Film review with a coach may only occur during summer access and is limited to two hours.

Bylaw 17.1.6.2.1.5.2
February 13, 2014, Educational Column

Football Summer Athletics Activities

- **SUMMER ACCESS.**
  - Academic Exception.
  - Minimum 2.2 GPA and credit hour progression based on year of enrollment.
  - SAs must have attended two semesters or three quarters at your institution.

Bylaw 17.1.6.2.1.5.3
February 13, 2014, Educational Column
Football Summer Athletics Activities

- **SUMMER ACCESS**
  - For continuing SAs that **DO NOT** meet the exception to the summer-school requirement and incoming PSA's.
  - Workouts only permissible during the term or terms in which the SA is enrolled.
  - Opening day of classes through the last day of final exams for each applicable term.

Football Summer Athletics Activities

- **SUMMER ACCESS**
  - For continuing SAs that **DO** meet the exception to the summer-school requirement.
  - Eight weeks of summer access workouts.

Football Summer Athletics Activities

- **SUMMER ACCESS and SUMMER CONDITIONING MUST OCCUR DURING THE SAME WEEKS.**
  - Bylaw 17.9.6.1.1-(f) states any weeks outside the summer conditioning period must be discretionary time, so cannot hold summer access during discretionary time.
### Football Summer Athletics Activities – Example Calendar (May 2014)

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- Commencement
- Discretionary Time
- Summer Access
- Summer Conditioning

### Football Summer Athletics Activities – Example Calendar (June 2014)

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- Discretionary Time
- Summer Conditioning

### Football Summer Athletics Activities – Example Calendar (July 2014)

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- Discretionary Time
- Summer Access
Football Summer Athletics Activities - Example Calendar (August 2014)

Football Summer Athletics Activities

Application to Quarter Schools

- Must provide a discretionary week during the summer conditioning period.
- Even if the summer conditioning period will be less than eight weeks.
- Will have additional opportunities for out-of-season activities during the academic year.

Teambuilding Activities
Teambuilding Activities

- Bona fide leadership training and teambuilding activities.
- Conducted as part of life skills programming.
- Which include physical components incidental to the activity.
- May be conducted at any time.

March 6, 2014, Staff Interpretation
March 7, 2014, Educational Column

Teambuilding Activities

- March 6, 2014, Staff Interpretation, cont.
- Such physical activities are not countable athletically related activities.
  - Separate and distinguishable from normal practice or strength and conditioning.
  - Occur only on an infrequent basis.
  - No tactical or technical instruction.

Teambuilding Activities

- Questions to ask……
  - What does the activity/program include?
  - Is it truly a leadership training/team building activity?
  - Are the physical components incidental to the activity?
  - Is there technical or tactical instruction?
  - Will it occur only on an infrequent basis?
Teambuilding Activities

- One hour leadership lecture -- permissible?
  - Yes, no physical component.

- Six hour leadership program that includes a ropes course walk from tree to tree -- permissible?
  - Yes, physical component is incidental to the program.

- One hour kick boxing class -- permissible?
  - No, this is not distinguishable from normal practice or strength and conditioning.

Teambuilding Activities

- Weekly climbing wall activity -- permissible?
  - No, must be on an infrequent basis.

- Leadership program for soccer SAs that includes instruction on goal kicks -- permissible?
  - No, includes tactical or technical instruction.

- Mental toughness activity that includes holding a log overhead for 10 minutes -- permissible?
  - Yes, physical component is incidental to the program.

Redrafted Interpretation

Conditioning and Expenses Outside the Playing Season.

- May not provide expenses to SAs in conjunction with permissible conditioning activities outside the playing season during the academic year.

- An institution may pay a fee related to the conduct of permissible conditioning activities (e.g., fee for yoga instruction, fee related to a conditioning program).

April 15, 2014, Staff Interpretation
Foreign Tours

Foreign Tours - Overview

- Must occur during summer or an institutional vacation period.
- Limited to no more than 10 days of practice prior to departure.
- Practice days do not have to be consecutive.
- Cannot be during final exam period.
- Limited to 10 contests/dates of competition.

Foreign Tours - Eligibility of Continuing Student-Athletes

Summer Tours

- Eligible during previous academic year, or
- Enrolled during previous year and competition eligible for next academic year.
- Must be established at the time of the tour.

Academic Year Tours

- Regularly enrolled and competition eligible.
Foreign Tours - Eligibility of Incoming Students

- Incoming freshmen or transfers.
- Tour must begin after the first permissible practice date or first day of classes.
  - Incoming SAs are eligible for practice.
    - On or after first permissible practice date; or
    - First day of classes.
- Basketball exception.

Bylaws 17.28.1.4.1 and 17.28.1.4.1.1

Foreign Tours

Departure for Foreign Tours:

- Permissible to depart prior to the start of a vacation period.
- All SAs must complete classes or exams.
- No special arrangements are made to reschedule classes or exams.

February 28, 2014, Interpretation

Foreign Tours Case Study #1

- Institution is going on a foreign tour June 10-20.
- A continuing SA who was serving a year of residence in the previous academic year, does not meet the GPA requirement at the end of spring and needs a summer school course to be eligible for the fall. The course ends July 1.
Foreign Tours Case Study #1

- May this SA travel with the team on the foreign tour in June?
  - No, he was not eligible in the previous academic year so he must establish that he will be eligible for the upcoming year before he can depart.

- What if he enrolls in a course that ends June 13. Can he meet up with the team after his eligibility has been certified?
  - No, for a foreign tour the SA must be eligible before the team departs to participate.

Foreign Tours Case Study #2

- Institution's winter break begins Saturday, December 12. All SAs are done with their finals on Wednesday December 9.

- When can the team depart for their foreign tour?
  - After all the SAs on the team have completed finals on Wednesday, December 9.

Foreign Tours Case Study #2

- Oh no... Susie just came in and said she now has a final on Friday but the professor will let her take it while on the tour since it is an online final.

- When can the team leave for the foreign tour?
  - Not until after Susie takes her final at the scheduled time on Friday.
Foreign Tours Case Study #3

- The institution's spring break begins Saturday, March 8.
- The team began their second segment two weeks earlier on Saturday, February 22.
- May they extend their second segment by 10 days using the foreign tour practice opportunities?

No, the segment cannot be broken.

The team could designate their 10 days of foreign tour practice beginning on February 22 and then begin their second segment after that.

Questions?